

PolarTREC Orientation Task Checklist

Use the instructions in your notebook to complete the PolarTREC tasks below.

Equipment Check Out:

- 1. Inspected issued equipment
- 2. Signed Equipment Agreement & returned to ARCUS staff

Computer Basics:

- 3. Explored the “dock” and opened up applications to become familiar with them
- 4. Log in and send a message using Mattermost
- 5. Log in and send a message using the Mattermost web interface
- 6. Log in and send an E-Mail using Thunderbird or Mail
- 7. Log in and send an E-Mail using ARCUS Webmail
- 8. Go to and log into the PolarTREC FTP Site (under Teacher Folders)
- 9. Add a Folder to the FTP site, title it with your First and Last name
- 10. Add a file to your folder on the FTP Site
- 11. Download a file from the folder called “2017 Orientation”
- 12. Make sure E-Mail client is set-up for plain text messages
- 13. Log into PolarTREC website

Cameras:

- 14. Take a Photo
- 15. Download Photo to Computer
- 16. Document Photo in your Spreadsheet (name, date, location, caption, etc.)
- 17. Using iPhoto (Mac), resize the photos
- 18. Organized resized photos in the “WEB READY” folder

Virtual Base Camp:

- 19. Write a journal entry in a text editing program (Text Wrangler)
- 20. Upload the written journal entry to the VBC
- 21. Add photos to the journal
- 22. Add weather information to the journal
- 23. Add location information to the journal
- 24. Attach a file to the journal
- 25. Save the journal, and go back into it to edit something
- 26. Properly use Remote Journal Posting (via E-Mail) to send a journal and associated photos
- 27. Post a question to a journal
- 28. Post a response to a journal comment using both methods – via website and via email.

Multimedia:

- 29. Take a short video with storyboarding and composition in mind
- 30. Upload video to PolarTREC YouTube Channel
- 31. For video or audio file, insert it into the journal entry or embed it
- 32. For video, document it on the spreadsheet

Other:

- 33. Using the PolarTREC website, go look for three resources that you might use
- 34. Go to Internet Media Archive, search and download 1-2 photos for future journals